

# Self-Assessment Questionnaire

The following checklist is a self-administered, self-scored tool to assist you in determining your readiness for distance learning course work.

To use the readiness checklist, simply answer "Yes" or "No" to each of the statements listed. (You may "click" the appropriate box with your computer mouse.) Be as honest with yourself as you can, and decide for yourself if distance learning is for you!

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|-----------------------|-----------------------|---|
| <input type="radio"/> | <input type="radio"/> | 1. I am a self-motivated individual.  |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 2. I am able to work independently with little direction.                           |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 3. I am a self-starter.   |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 4. I am a good "time-manager".  |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 5. I am capable of self-discipline.   |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 6. I am an organized person---I can structure my time and surroundings.             |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 7. I have good study habits.  |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 8. I can capably take notes from lectures, textbooks, or television programs.       |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 9. I can capably read for comprehension.  |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 10. I can capably prepare and study for objective and subjective exams.             |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 11. I am comfortable asking questions in class when I need clarification.           |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 12. I am goal directed---if I set my sights on an end result, I usually achieve it. |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 13. I am able to gather information visually.                                       |
| Yes                   | No                    |   |

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|-----------------------|-----------------------|---|
| <input type="radio"/> | <input type="radio"/> | 14. I am not a procrastinator---I like to get things done <i>today</i> and not put off for tomorrow.                |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 15. I consider myself capable of independent learning.  |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 16. I am confident of my academic abilities.  |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 17. I do not give up easily, even when confronted with obstacles.   |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 18. I complete whatever I start.  |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 19. I believe I am responsible for my own education---what I learn or do not learn is ultimately my responsibility. |
| Yes                   | No                    |   |
| <input type="radio"/> | <input type="radio"/> | 20. I am capable of doing college-level work.   |
| Yes                   | No                    |   |
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Now that you have completed the survey, scroll back and count the number of times you selected "Yes" and "No".

If you answered "Yes" to at least 80% of the statements (*or 16 of the 20 points*), then distance learning may be right for you!

If you answered "Yes" to fewer than statements, rethink your reasons for wanting to enroll in distance learning courses. Decide now if you still feel comfortable with this style of instruction and if you feel capable of learning this way.

*We want to help you find an appropriate study plan for your needs!* If you want more help deciding whether distance learning is "right" for you, please feel free to call the Distance Learning Help Desk at (661) 763-7812 or toll-free at (866) 464-9229.