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Physical Education (PHED) 1643 Sports Officiating (3 Units) CSU:UC
[formerly Physical Education 43]

Advisory: Eligibility for English 1500 strongly recommended

Total Hours: 48 hours lecture

Catalog Description: This course includes rules, mechanics and officiating procedures in sports found in intercollegiate, interscholastic, and intramural programs. Practical experience in officiating will be provided.

Type of Class/Course: Degree Credit

Textbook: American Sport Education Program. *Successful Sports Officiating*. 2nd ed. New York: Human Kinetics, 2011. Print.

Course Objectives:

By the end of the course, a successful student will be able to:

1. demonstrate basic officiating mechanics for the sports of basketball, volleyball, baseball, softball, soccer, and football,
2. comprehend the written rules of the variety of sports covered in class,
3. express reasonable judgment when officiating, and
4. evaluate the ethics of each sport covered in class.

Course Scope and Content:

Unit I Developing an Officiating Philosophy

- a. Your Officiating Objectives
- b. Your Officiating Style
- c. Goal Setting

Unit II Psychology of Officiating

- a. Developing Your Communication Skills
- b. Developing Decision Making Skills
- c. Managing Conflict

Unit III Personal Fitness for Officials

- a. Fitness Principle for Officials
- b. Your Personal Fitness Plan

Unit IV Managing Professional Responsibilities



West Kern Community College District

- a. Understanding Your Legal Responsibilities
- b. Knowing Your Legal Rights
- c. Time Management

Unit V The Officiating Profession

- a. Working With Associations
- b. Officiating: A Lifetime Career

Learning Activities Required Outside of Class:

The students in this class will spend a minimum of 6 hours per week outside of the regular class time doing the following:

1. Reading text material
2. Reviewing handouts
3. Answering text questions
4. Studying
5. Observing officials

Methods of Instruction:

1. Lecture
2. Verbal report of reading assignments
3. Direct feedback of how officials worked televised sporting events
4. Multimedia presentation critiques

Methods of Evaluation:

1. Quizzes
2. Mid-term exam
3. Critiques
4. Reading projects
5. In class participation
6. Final exam