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Semester effective: Fall 2016

Physical Education (PHED) 1520 Beginning Golf (1 or 2 units per semester) CSU
[Formerly PHED 1526]

Prerequisite: None

Total Hours: 48 lab hours for one unit or 96 lab hours for two units

Catalog Description: This activity course introduces students to the fundamental skills critical to playing golf. This course is not open to students with credit in PHED 1526.

Type of Class/Course: Degree Credit

Text: United States Golf Association. *Rules of Golf*. USGA, 2015. Print.

Additional Instructional Materials: Individual golf clubs and equipment

Course Objectives:

By the end of the course, a successful student will be able to

1. improve his/her fundamental skills to a level whereby he/she attains success from the game.

Course Scope, Content, and Student Learning Outcomes:

- Unit I Demonstrate essential skills:
- A. Iron Play
 - B. Wood Play
 - C. Chipping
 - D. Putting
- Unit II Training and conditioning:
- A. Agility
 - B. Physical Strength
 - C. Speed
 - D. Endurance
- Unit III Rules and Strategies of Individual Play
- A. Course Management
 - B. Shot Selection
- Unit IV Rules and Etiquette
- A. Sportsmanship
 - B. Ethics
 - C. Etiquette



Methods of Instruction:

1. Practice and instruction of basic skills and techniques
2. Oral Instruction
3. Multimedia Presentations

Methods of Evaluation:

1. Skill demonstrations, including:
 - a. performance exams
2. Written assignments

Supplemental Data:

TOP Code:	083500: Physical Education
SAM Priority Code:	E: Non-Occupational
Distance Education:	Not Applicable
Funding Agency:	Y: Not Applicable(funds not used)
Program Status:	1: Program Applicable
Noncredit Category:	Y: Not Applicable, Credit Course
Special Class Status:	N: Course is not a special class
Basic Skills Status:	N: Course is not a basic skills course
Prior to College Level:	Y: Not applicable
Cooperative Work Experience:	N: Is not part of a cooperative work experience education program
Eligible for Credit by Exam:	NO
Eligible for Pass/No Pass:	C: Pass/No Pass



Taft College General Education:	NONE
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